



POLICY ON TOILETING

In accordance with Standard 4 NMS (2016) Meeting individual needs - specifically 4.11 The privacy of all children when intimate care is being provided is respected.

Principles of Intimate Care

It is essential that every child is treated as an individual and that care is given as gently and as sensitively as possible. As far as possible, the child should be allowed to exercise choice and should be encouraged to have a positive image of his/her own body. It is important for staff to bear in mind how they would feel in the child's position. Given the right approach, intimate care can provide opportunities to teach children about the value of their own bodies, to develop their safety skills and to enhance their self-esteem. Parents, carers and staff should be aware that matters concerning intimate care will be dealt with confidentially and sensitively and that the child's right to privacy and dignity is maintained at all times.

Many children attending Happitots and Tinytots may already be toilet trained. However, it is realised that children reach this stage of development at different times and that new environments can have an effect on this development.

Staff will work with parents/carers to support any toilet training that is occurring at home and are sensitive to each child's stage of development, self-image and privacy. It is realised that a child may need to settle in the group and build confidence before they are comfortable with new adults helping them.

Children will be supervised appropriately in a way that is consistent with the individual's stage of independence and need for privacy. Only staff and regular volunteers are allowed to supervise and change children.

Good hygiene practices are promoted at all times. Pictures of hand washing routines are clearly visible for all children. Wash hand basins are at the appropriate height for younger children and the toilets are also at a low level for ease of use. Soap is available for all children and paper towels are at a height appropriate for their size.

Where children are still learning to be fully toilet trained, or are not yet fully confident, we encourage pull ups. Spare nappies/pull ups must be provided by parents. Parents/carers are asked to send their child in a fresh nappy/pull up to minimise any changing.

A potty is provided in the Flying Start setting for the children to use if they wish. Staff will follow Public Health Wales infection prevention and control Guidance (2019) for childcare settings (0-5 years) in Wales (Nurseries Childminders and Playgroups) with how to clean and store the potty after each use; see appendix 7. phw.nhs.wales/services-and-teams/harp/infection-prevention-and-control/guidance/accordians/docs/infection-prevention-and-control-guidance-2019-for-childcare-settings-0-5-years-in-wales-nurseries-childminding-and-playgroups/

We do have spare clothes at the setting; however, parents/carers may send spare clothes when appropriate. We ask that borrowed clothes are returned washed as soon as possible.

Additional Learning Needs (ALN) and Inclusion

The setting recognises that some ALN cases may result in children arriving at Happitots and Tinytots with under-developed toilet training and/or self-help skills. If a child is not toilet trained because of an additional need, his/her right to inclusion are additionally supported through an individual care plan. Please see our ALN Policy.

Please refer also to The Child Minding and Day Care (Wales) Regulations 2010 (Regulation 20, 22 and 24) and Wales Pre-School Providers Association Policies and Procedures and School toilets: Good Practice guidance for schools in Wales January 2012

Signed: Wendi Terry (Responsible Individual)

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