

Welshpool Church in Wales Primary School Newsletter Spring Term Number 3/Cylchlythyr 3 Tymor yr Gwanwyn Monday 22nd January 2024/Dydd Llun Ionawr 22ain 2024

Our values for the month are Truth and Honesty

<u>CWESTIWN YR WYTHNOS: QUESTION</u> <u>OF THE WEEK</u>

Each week we will be learning a new question in Welsh! This week's 'cwestiwn yr wythnos' is...

Beth ydy dy hoff raglen deledu? What's your favourite TV show? Fy hoff raglen deledu ydy Britain's Got Talent. My favourite TV show is Britain's Got Talent.

SINISTER SUBSTANCES

This week, through the medium of an interactive

story and a variety of activities, our Year 3/4 pupils will increase their knowledge of the risks, consequences and laws governing tobacco, alcohol and solvent substances.





HEALTHY SNACKS

According to the Welsh Local Government Association, fruit and vegetables should be the only snack at break times in primary schools because:

- they are a good source of fibre, vitamins and minerals;
- they are naturally low in calories, helping to maintain a healthy weight;
- eating a variety of fruit and vegetables can help to prevent a range of health issues such as bowel problems, cardiovascular disease and some cancers; and,
- consumption of fruit and vegetables is below recommended levels, of at least 5 portions per day.



DATES FOR THE DIARY

Monday 22nd January—Topic Letters and HLGs Monday 22nd January—Mary's Meals Assembly Thursday 25th January—Year 3/4 Police Liaison Workshops: Sinister Substances Thursday 25th January—St Dwynwen's Day Monday 29th January and Tuesday 30th January—HSBC Financial Education Sessions Friday 2nd February—NSPCC Day W.B. Monday 5th February—Children's Mental Health Week Monday 5th February—Impact Assembly Monday 5th February and Tuesday 6th February—Book Fair Tuesday 6th February—Internet Safety Day Friday 9th February—Welsh Music Day Friday 9th February—Last Day of Half Term! Monday 19th February—Back to School! Thursday 22nd February—Welshpool Area Cross Country Friday 23rd February—Urdd Eisteddfod Dance Competition at Llanfair Caereinion Monday 26th February—Lower School Eisteddfod Wednesday 28th February—Upper School Eisteddfod Friday 1st March—St David's Day Saturday 2nd March—Urdd Eisteddfod at Llanfair Caereinion Thursday 7th March—World Book Day W.B. Monday 11th March—Parents' Meetings Monday 11th March—Year 5/6 Police Liaison Workshops: Be Cyber Safe Thursday 14th March—Welshpool Area Swimming Gala Monday 18th March—Easter Bingo Wednesday 20th March—Reception and Year 1 Police Liaison Workshops: Playing Safe Wednesday 20th March—Year 1 and 2 Police Liaison Workshops: Who, What, Where Friday 22nd March—End of Term!



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CHATTY HUT ARRIVES!

Following a request from the Friends of the School for funding for outdoor learning equipment, members of Powis Lodge of Freemasons donated £600 towards the cause. The school selected a "Chatty Box" to help develop pupils' wellbeing and communication skills. When the Freemasons discovered that it arrived flat packed, they sent a group into school to assemble it during the recent Inset Day, so that it was ready for pupils to use on their return.

We are grateful to Powis Lodge of Freemasons for their financial support and look forward to working with them on other activities during the year.

URDD EISTEDDFOD CLUBS

We were extremely pleased to start a Sewing Club last Thursday.

It runs from 3.15pm until 4.15pm every Thursday for Years 3, 4, 5 and 6 in Miss Brighouse's class. Parents/Carers can collect the children at 4.15pm from the front of the building.

Thank you Miss Brighouse, Miss Jones and Miss Scott.



More clubs to follow! Watch this space!

FAMILY DROP INS ARE BACK!

Feel free to call in for a cuppa and a biscuit and to discuss whatever you feel the need to, from just a general chat to finances and behaviour.

If you are finding things tough financially, we can



start the process of applying for a Greggs grant and a hardship cost of living fund.

There is even a free raffle!

9am in the Community Room every Wednesday.

FAMILY SUPPORT COORDINATOR

We are extremely pleased to announce that we have recruited a Family Support Coordinator: Mrs Sarah Thomas.

Mrs Thomas' current role as part of our Pastoral Team is within the Nurture Provision

so please bear with us during this period of transition over the Spring Term while we recruit for the role in the Nurture Provision.



WELSHPOOL AND DISTRICT FOODBANK

Nobody in our community should have to face going hungry. Welshpool and District Foodbank provides three days' nutritionally balanced emergency food and support to local people who are referred to us in crisis.

If you feel you are struggling to put food on the table, we can support you and issue you with a

foodbank voucher. Just contact Mrs Sarah Thomas, our Family Support Coordinator.



CONTACT US:

Telephone: 01938 538660 Email: office@welshpool.powys.sch.uk Website: https://welshpoolprimary.weebly.com/ Twitter: @WelshpoolCIWP