

Welshpool Church in Wales Primary School

Newsletter Spring Term Number 5/Cylchlythyr 5 Tymor yr Gwanwyn Monday 7th February 2022/Dydd Llun Chwefror 7fed 2022

This week is -HEALTHY SCHOOLS WEEK AT WCIWPS!

CHILDREN'S MENTAL HEALTH WEEK

We will be talking about support for children's mental health issues this week.

#MENTALHEALTHAWARENESSWEEK

SUPPORT FOR CHILDREN



Mermaids supports transgender, nonbinary and gender-diverse children and young people & currently offer web chat support to students up to the age of 25. mermaidsuk.org.uk

THE MIX

Call 0808 808 4994, text THEMIX to 85258 or use the online 1 to 1 chat via www.themix.org.uk You can also access online counselling for children ages 10 -18 years old via the website



www.annafreud.org/on-mymind/youth-wellbeing/find-aservice-near-you/

callhelpline.org.uk

www.mind.org.uk

www.familylives.org.uk www.barnardos.org.uk

To get urgent medical help, use the NHS 111 online service, or call 111 if you're unable to get help online. For lifethreatening emergencies, call 999 for an ambulance

SAFER INTERNET DAY—8th Feb

<u>S</u>afer Internet Day is celebrated



across the globe in over 170 countries, with thousands of young people joining in across the UK to explore how they can use the internet responsibly, respectfully, and creatively whilst making the most of their relationships online. Keep an eye on our Facebook page for activities to do at home with your child/ren as well as finding out what we have been up to in school to celebrate the occasion. Some resources have already been shared via email.

FEBRUARY HALF TERM HOLIDAY CLUB

We still have some spaces for Junior pupils who are in receipt of free school meals. (It is a requirement of the Welsh Government grant funding that pupils attending MUST be in receipt of free school meals.)

GROWING UP TALKS

We will be speaking to the older children about growing up and personal hygiene over the next few weeks. Year 5 will be having this talk by Miss Terry during the week beginning the 14th February. Please contact the school if you have any queries or concerns.

FAMILY ENGAGEMENT SURVEY

We apologise for the incorrect link on our newsletter last week. The correct link should now have been sent out to you all via email. If not, please contact the school. Your responses are VERY important to us.

CORNEL CYMRAEG-Wyt ti'n hoffi ___? (Do you like___?) Ydw, dw i'n hoffi ... (Yes, I do like...) Nac ydw, dw i ddim yn hoffi ... (No, I don't like...)

